

# TIME TABLE

DAY 01 SUNDAY	DAY 02 MONDAY	DAY 03 TUESDAY	DAY 04 WEDNESDAY	DAY 05 THURSDAY	DAY 06 FRIDAY	DAY 07 SATURDAY	DAY 08 SUNDAY
Table Tennis Pétanque 3-on-3 Basketball	Golf Bowling	Swimming Archery Squash Volleyball	Tennis Track and Field Darts 6-a-Side Football Badminton	Track and Field			
<b>Arrival</b> <b>Registration</b> <b>Opening Ceremony</b>	Road Race 5k Table Tennis Singles Pétanque Singles 3-on-3 Basketball	Golf Individual Bowling Individual Cycling 10km TT Cycling Team 20km Pétanque Pairs Table Tennis Doubles	Swimming Day 1 Cycling 30km Bowling Pairs Archery Individual / Team Golf Team Volleyball Squash	Swimming Day 2 Tennis Singles Darts Sprint Triathlon Badminton Singles 6-a-Side Football	Track and Field Day 1 Tennis Doubles Badminton Doubles	Track and Field Day 2	<b>Departure</b>
<b>Service of Remembrance</b> <b>Donor run</b>			<b>Cultural Evening</b>			<b>Closing Ceremony</b> <b>Gala Dinner</b>	

TRAINING

COMPETITION & EVENTS